

International Conference on Psychosocial Challenges Among Women with PCOS 2025
Tentative Schedule

	Day 1 (26/02/2025)	Day 2 (27/02/2025)	Day 3 (28/02/2025)
9:00 - 9:30	Registration		
9:30 - 10:00	Inauguration	Keynote 3 Health Communication in PCOS	Workshop
10:00 - 10:30	Keynote 1 Pathophysiology of Polycystic Ovary Syndrome – a	Prof. Shweta Chawak (IITB)	
10:30 - 11:00	Multifaceted Approach Dr. Srabani Mukherjee	Tea and Coffee with Poster Session	
11:00 - 11:30	Tea and coffee		
11:30 - 12:00	Oral 1: Lifestyle and Support Needs	Oral 4: Quality of Life	
12:00 - 12:30			
12:30 - 14:00	Lunch	Lunch	Lunch
14:00 - 15:00	Keynote 2 A Polyvagal Perspective on PCOS Anuradha Prabhudesai	Keynote 4 PCOS and gut microbiomes: A conversation Dr Geeta Balsarkar	Keynote 5: Physiological basis of Holistic treatment involved in PCOS Dr Prafull Kamble
15:00 - 16:00	Oral 2: Mental Health Challenges	Oral 5: Knowledge and Awareness	Oral 7: Physiological basis of PCOS
16:00 - 16:30	Tea and coffee	Tea and coffee	Tea and coffee

16:30 - 17:30	Oral 3: Psychological and social impacts	Oral 6: Body Image and Stigma	Oral 8: Psychological and Emotional Impacts Conclusion
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Day 1 - 26th Feb 2025

9:00 - 9:30	Registration	
9:30 - 10:00	Inauguration	
10:00 - 11:00	Keynote 1	
11:00 - 11:30	Tea and coffee	
11:30 - 12:30	Oral 1: Lifestyle and Support Needs	Lifestyle Management and Support Needs of Emerging Adults with PCOS in India by Sakshi Jadhav
		Psychometric Analysis of Lifestyle Scale for PCOS/PCOD (LSPS) by Palak Nema
		Exploring Psychological Capital and Stress in PCOS: Insights into the Mental Health Burden of Women with PCOS by Manisha Nath
12:30 - 13:00	Lunch	
14:00 - 15:00	Keynote 2	
15:00 - 16:00	Oral 2: Mental Health Challenges	Examining Suicidal Behavior in Polycystic Ovary Syndrome: A Systematic Review Approach by Niveditha Joy and Arya Thirumeni
		Mental Health Challenges of Women with PCOS: A Comparative Study of Urban and Rural Rajasthan by Ritu Pareek
		Comparison of Stress, Anxiety and Depression between women with PCOS and without PCOS by Sharmishtha Hardas
16:00 - 16:30	Tea and coffee	
	Oral 3: Psychological	From Dorms to Dining Tables: How Social Support

16:30 - 17:30	and social impacts	Influences PCOS Management in College Students by Simar Kaur
		Long-Term Effects of PCOS on Couple Dynamics: An Analysis of Psychological and Social Impacts on Spouses by Athullya S Nair and Akanksha Rani
		“Are you a man? Why do you have a moustache?” – Psychosocial burdens of polycystic ovarian syndrome on emerging adults by Rejoyson Thangal

Day 2 - 27th Feb 2025

9:30 - 10:30	Keynote 3	Health Communication in PCOS Prof. Shweta Chawak (IITB)
10:30 - 11:30	Tea and coffee With Poster Session	
11:30 - 12:30	Oral 4: Quality of Life	Assessment of Quality of Life in Different Phenotypes of Polycystic Ovary Syndrome by Tanusha Pathak
		Relationship between Health Anxiety and Quality of Life in women with Polycystic Ovary Syndrome (PCOS) by Rakshita Palande and Vianca Sawardekar
		Functionality under attack – the disabling effect of PCOS by Namita Narula
12:30 - 13:00	Lunch	
14:00 - 15:00	Keynote 4	
15:00 - 16:00	Oral 5: Knowledge and Awareness	Stigmatized, Sensationalised and Stereotyped: A Textual Discourse Analysis of PCOS in Indian Print and Digital Media by Nanditha Gururaj and Kushinara Dharmasen
		Understanding PCOS Knowledge across Different Populations: A Systematic Review and Analysis of Assessment Methods by Navneetha K
		A brief evaluation of existing National Healthcare policies in India to its relevance to Polycystic Ovarian Syndrome (PCOS): Addressing the Gaps and Challenges in PCOS

		Treatment and Management by Devapriya Nair and Devidiya G S
16:00 - 16:30	Tea and coffee	
16:30 - 17:30	Oral 6: Body Image and Stigma	The Weight of Words and Standards in PCOS: Societal and Self-Standards in Shaping Body Image and Coping by
		Virtual Pressures - Social Media's Role in Perceived Stigma & Body Image Dissatisfaction in Indian women with PCOS by Fizza Khan and Siddhi Solanki
		Exploring Identity Distress and Body Image Challenges in Women with PCOS by

Day 3 - 28th Feb 2025

9:30 - 12:30	Workshop	
12:30 - 14:00	Lunch	
14:00 - 15:00	Keynote 5 : Dr Prafull Kamble - Physiological basis of Holistic treatment involved in PCOS	
15:00 - 16:00	Oral 7: Bio-medical or Physiological basis of PCOS	"From Tradition to Taste: Redesigning Unani Joshanda for Improved Efficacy and Compliance in PCOS Management" by Dr Nikhat Shaikh
		Genetic, Environmental, and Pharmacological Perspectives in the Management of PCOS: Pathophysiology, Interventions, and Future Directions by
		A Personal Odyssey: Navigating 10 years of PCOS Journey and the impact of it's sociocultural determinants by
16:00 - 16:30	Tea and coffee	

9:30 - 12:30	Workshop	
12:30 - 14:00	Lunch	
16:30 - 17:10	Oral 8: Psychological and Emotional Impacts	Role of Illness Perception on Emotional distress among unmarried females living with Polycystic Ovary Syndrome by
		Comparing Emotional Contagion and Empathy in Women With and Without PCOS: Implications for Mental Health and Social Functioning by UDITA SHARMA and TEJASWINI SINGH
17:10 - 17:30	Conclucion	